

Mental Health Awareness & Assessment for Clinicians

DESCRIPTION

This REHS facilitated workshop consists of 2 hours face to face instruction with our Mental Health trained facilitator. The workshop is designed to provide clinical participants with a working knowledge of mental health disorders, practical assessment tools to assist in early intervention, techniques for de-escalation and local care pathways for personnel, builds on learnings from the [First Responder Mental Health Awareness & Action Workshop](#).

ATTENDEES

This is a Level 3 learning workshop and is suitable for:

- Registered Apha Practitioners in a clinical setting

WORKSHOP CONTENT

- Epidemiology
- Distress thermometer
- Key priorities
- Stepped-Care Model
- Developing local care pathways
- General treatment & interventions
- Legal obligations
- Assessment
- Identification risks
- Interventions for anxiety
- GAD 2 & 7 Scale
- Debriefing techniques

ASSESSMENT

Successful completion of practical component to verify competence.

CERTIFICATE AND REPORTING

Participants will be issued a Statement of Attendance upon the successful completion of this workshop.

INCLUSIONS

- ✓ 2 hours face to face facilitated instruction with mental health trained facilitator
- ✓ Practical scenarios
- ✓ Small group teaching (Max 10)
- ✓ Per person enrolment fee is applicable, available on request

SUITABLE FOR

Registered Apha Practitioners in a clinical setting

PRE-REQUISITES

Recent employment / exposure within a clinical environment

CPD

Satisfactory completion of this workshop entitles participants to:

- Level 3 - 2 CPD points